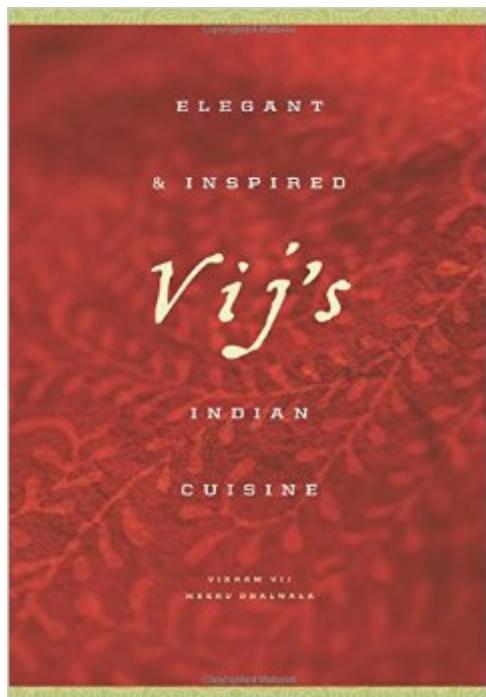


The book was found

Vij's: Elegant And Inspired Indian Cuisine



Synopsis

At Vij's, one of North America's most innovative Indian restaurants, owner Vikram Vij and his wife Meenu use the freshest local ingredients and original ideas to create exciting new takes on the cuisines of India. Though far from traditional, the dishes remain true to one glorious hallmark of Indian cooking: fabulous spicing. Among the luscious offerings included here are yogurt and tamarind marinated grilled chicken, seared venison medallions with fig and roasted pomegranate khoa, and marinated lamb popsicles in fenugreek curry. Vegetarian selections abound, with dishes like portobello mushrooms in porcini cream curry, coconut curried vegetables, and jackfruit with cayenne and black cardamom. Recipes for naan, chapattis, raiti, and other sides, staples, vegetables, and desserts allow readers to prepare an Indian feast from beginning to end. As beautiful and sumptuous as the recipes it contains, Vij's is a delicious manifesto for a new style of Indian cooking.

Book Information

Paperback: 192 pages

Publisher: Douglas & McIntyre; 1 edition (September 7, 2006)

Language: English

ISBN-10: 1553651847

ISBN-13: 978-1553651840

Product Dimensions: 8 x 0.6 x 11.5 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars (See all reviews) (34 customer reviews)

Best Sellers Rank: #346,942 in Books (See Top 100 in Books) #116 in Books > Cookbooks, Food & Wine > Asian Cooking > Indian #3897 in Books > Cookbooks, Food & Wine > Regional & International

Customer Reviews

This is a brilliant book. I have been cooking Indian food for over 30 years, and this book has totally changed the way I think about Indian cooking. Where many Indian cookbooks have a long list of ingredients, this one tends to have fewer ingredients, but they are absolutely the *right* ingredients, and not in stinting quantities. The result is flavors that are crisp and bright. Because of the clear instructions and illustrations, I am now making my own paneer (cheese) at home. It's far superior to anything available in the stores and is much cheaper (less than \$2 a pound if you get milk on sale). I originally hesitated to buy this book because I'm vegetarian and many of the recipes are for meat

and seafood, but I'm very glad I got it. The non vegetarian recipes can often easily be adapted for meatless use. And there are quite a few meatless recipes. There are some editorial anomalies. For example in the recipe titled "Sautéed Arugula and Spinach with Paneer and Roasted Cashews," the arugula and spinach is in fact never sautéed. It is added to the liquid curry at the very end and cooked until wilted and heated through. Go figure. (Great recipe by the way, but reduce water to one cup from three.) I also found that the authors tend to use more liquid than I would. If you are an experienced cook and you feel that a recipe calls for too much liquid, trust your instinct and go with less to start with. You can always add additional if you need it. The only time this was a problem for me was when I made a lentil rice pilaf, using the quantity called for - it was one of the first recipes I made. There was so much liquid I had to cook it down much longer than I would have liked and the result was mushy. The flavor, however, was superb.

[Download to continue reading...](#)

Vij's: Elegant and Inspired Indian Cuisine Indian Cooking: for Beginners - Indian Recipes Cookbook 101 - Indian Cuisine - Indian Culinary Traditions (Indian Food Recipes - Indian Food Cookbook for Beginners) Vij's at Home: Relax, Honey: The Warmth and Ease of Indian Cooking The Book of Indian Crafts and Indian Lore: The Perfect Guide to Creating Your Own Indian-Style Artifacts Classic Hungarian Goulashes: Deliciously Decadent Hungarian Cuisine(hungarian recipes, hungarian recipe book, hungarian cookbook, hungarian cooking book, hungarian books, hungarian cuisine, hungarian Great-Grandma's Croatian Cuisine (Croatian Cuisine Book 1) Pure Vegetarian: 108 Indian-Inspired Recipes to Nourish Body and Soul Modern Spice: Inspired Indian Flavors for the Contemporary Kitchen Indian Inspired Gluten-Free Cooking Traditional Cooking Box Set (5 in 1): Chinese, Indian, Korean and Wok Recipes for Your Inspiration (Authentic Recipes & National Cuisine) Lord Krishna's Cuisine: The Art of Indian Vegetarian Cooking California Indian Baskets: San Diego to Santa Barbara and Beyond to the San Joaquin Valley, Mountains and Deserts (Indian Baskets of California and Oregon, Vol. II) Style: The Lady's Guide to French Style, Fashion and Beauty- Get Dressed to Look Charm and Elegant (French Chic, Sense of Style, Style, Style Books, Style ... Dressed, Look Hot, Look Fabulous Book 1) Southwestern Indian Baskets: Their History and Their Makers (Studies in American Indian Art) Corn Is Our Blood: Culture and Ethnic Identity in a Contemporary Aztec Indian Village (The Civilization of American Indian Series, Vol 206) The Dawes Act and the Allotment of Indian Lands (The Civilization of the American Indian Series) American Indians and the Law: The Penguin Library of American Indian History (Penguin's Library of American Indian History) Elegant Glassware Of The Depression Era: Identification and Value Guide Beautiful Paper Flowers: Elegant - and Easy to Make - Blossoms The Simple Skillet Cookbook: 15

Elegant and Easy Recipes for Your Cast Iron or Electric Skillet (Cast Iron Cooking - Skillet Recipes - Cast Iron Skillet Cookbook)

[Dmca](#)